



CAULFIELD PRIMARY
コーフィールド小学校

CAULFIELD PRIMARY SCHOOL

SUNSMART POLICY

POLICY NO. 1.10



Help for non-English speakers

If you need help to understand the information in this policy please contact the School Office.

Purpose

The purpose of this policy is to encourage behaviours at Caulfield Primary School to minimise the risk of skin and eye damage and skin cancer.

This policy provides guidelines to:

- support staff and students to use a combination of sun protection measures when UV index levels are 3 or above from 1 September to 30 April
- ensure that there are outdoor environments that provide adequate shade for students and staff
- ensure students are encouraged and supported to develop independent sun protection skills to help them to be responsible for their own protection
- support our school's strategies to meet its duty of care and occupational health and safety obligations to minimise harmful UV exposure and associated harm for students and staff.

Scope

This policy applies to all school activities, including camps and excursions. It is applicable to all students and staff.

Policy

Excessive exposure to the sun's ultraviolet (UV) radiation can cause health problems including sunburn, damage to skin and eyes, and an increased risk of skin cancer.

UV radiation:

- cannot be seen or felt
- can be reflected off surfaces such as buildings, asphalt, concrete, water, sand and snow
- can pass through light clouds

- varies in intensity across the year (highest in Victoria from 1 September to 30 April)
- peaks during school hours.

Sun safety is a shared responsibility and staff, parents and students are encouraged to implement a combination of sun protection measures whenever UV levels reach 3 and above (from 1 September to 30 April). Information about the daily local sun protection times is available via the free SunSmart app, or at sunsmart.com.au or bom.gov.au.

Caulfield Primary School has the following measures in place to help reduce the risk of excessive UV sun exposure for staff and students.

Shade

Caulfield Primary School will provide sufficient options for shelter and trees to provide shade on school grounds, particularly in places such as:

- outdoor lesson areas
- popular play areas

When building works or grounds maintenance is conducted at Caulfield Primary School that may impact on the level of shading available to staff and students, a review of the shaded areas available will be conducted and further shading installed as appropriate.

Sun protective uniform/clothing

Caulfield Primary School recommends that from 1 September to 30 April, and whenever UV levels reach 3 and above, students come to school wearing sun-protective clothing such as:

- loose, cool, closely woven fabric
- shirts with a collar
- tops with elbow length or long sleeves
- rash vests or t-shirts for outdoor swimming activities.

From 1 September to 30 April, all students must wear a broadbrimmed navy school hat that shades the face, neck and ears for all outdoor activities. Hats may also be worn for all outdoor activities outside of the September to end of April time period, by parent or student choice.

From 1 September staff are required to a school or other broadbrimmed hat.

Students who are not wearing appropriate protective clothing or a hat will be asked to play in the shade or in a suitable area protected from the sun.

Sunscreen

Caulfield Primary School encourages all staff and students to apply SPF30 (or higher) broad-spectrum, water-resistant sunscreen daily whenever UV levels reach 3 and above. Sunscreen should be applied at least 20 minutes before going outdoors, and reapplied every two hours according to manufacturer's instructions.

Staff and families should role model SunSmart behaviour and are encouraged to apply SPF 30 (or higher) broad-spectrum, water-resistant sunscreen when outside.

Curriculum

Students at our school are encouraged to make healthy choices and are supported to understand the benefits and risks of sun exposure.

Staff are encouraged to access resources, tools, and professional learning to enhance their knowledge and capacity to promote sun smart behaviour across the school community.

Engaging students, staff and families

SunSmart behaviour is regularly reinforced and promoted to the whole school community through newsletters, school website, school assemblies, student and teacher activities and at student enrolment/new staff orientation.

Families and staff are provided with information, ideas and practical strategies to support UV safety at school and at home.

COMMUNICATION

This policy will be communicated to our school community in the following ways:

- Available publicly on our school's website
- Included in staff induction processes
- Included in staff compendium
- Included in transition information
- Reminders in our school newsletter
- Hard copy available from school administration upon request

Further Information and Resources

- the Department's Policy and Advisory Library:
 - [Sun and UV Protection Policy](#)
 - [Duty of Care](#)
 - [SunSmart](#)

- CPS Duty Of Care Policy No.1.19

POLICY REVIEW AND APPROVAL

Policy last reviewed	August 2021
Approved by	CPS School Council
Next scheduled review date	August 2024