

## Newsletter

Number 15 May 28<sup>th</sup> 2009

724 Glen Huntly Road

Caulfield South Vic 3162

Phone (03) 9523 7932

Fax (03) 9523 7502

Email: [caulfield.ps@edumail.vic.gov.au](mailto:caulfield.ps@edumail.vic.gov.au)

### WHAT'S ON AT SCHOOL

#### MAY

Friday 29 <sup>th</sup>	Raffle Tickets due back 65 Roses Day	
Saturday 30 <sup>th</sup>	Open Day & Cake and Craft Stall & Sausage Sizzle Early Childhood Centre Visitors Day Odd Socks Day	10 - noon 10 - 11.30 am
<b>JUNE</b>		
Monday 1 <sup>st</sup>	First Day of Winter MS Readathon	Change your toothbrush Start Reading
Thursday 4 <sup>th</sup>	Rubbish Free Day Whole school Disco FREE	6 - 7 pm Prep to Grade 2 7 - 8pm Grades 3 - 6
Friday 5 <sup>th</sup>	World Environment Day <b>Bring Gold Coin Donation</b>	<b>Wear Blue</b>
Monday 8 <sup>th</sup>	Queen's Birthday Holiday	<b>No School</b>
Tuesday 9 <sup>th</sup>	School Photographs	Whole School
Friday 12 <sup>th</sup>	Report Writing Day	<b>No School</b>

#### ACTING PRINCIPAL'S REPORT

Our illustrious Principal is attending a three day Principals' Conference. This is a once a year occasion when all principals in the region come together to hear the Department's goals and priorities for the year ahead and where knowledge and expertise are shared. Suzanne, as the Department's representative in our school, will be involved in the discussions around directions for future improvements in all schools in the region. She will inform us of future directions in the upcoming newsletters.

Next week proves to be another exciting week at Caulfield Primary. The reviewer will be at our school on Monday, working with the School Evaluation Team (Suzanne, Chris, Sarah,

Helen and Sandra) and she will be interviewing teachers and students as part of the review process.

Friday June 5<sup>th</sup> is World Environment Day when each student is asked to wear the colour **blue** and bring a gold coin donation in aid of Landcare Australia. Supporting the values represented by this day is the 'Rubbish Free Lunch Day' on Thursday June 4<sup>th</sup>. Please look further in the newsletter for details. Lunch suggestions have been included in newsletters for the past 2 weeks thanks to Cathy Mc N and Helen Clayfield.

I would also like to bring this story to your attention. It came from another small school just like us.

Hi Everyone,

This is a story from the staff room at my work - Carlton Primary School. The school services the Carlton high rise estate, and has 85 students, 82 of whom are refugees from the Horn of Africa.

The grade 1/2s were asked to bring in their favourite book from home, three children brought in books. Mahad brought a book that had been donated by Readings, as he had been involved in a program they support that is run by the Brotherhood; Waddha brought in a nursery rhymes book with scribble on every page; and Abdulbaari brought in an animal encyclopaedia that had only two pages left in it. Then the grade 2/3 teacher said that one of her students, Zac, brought in a book he had received free in his cereal and asked if it could be kept at school because it would get wrecked at home (he has 5 siblings and lives in a housing commission flat).

I think we can help these kids to have a better choice for their 'favourite' book. If you have a book or two or more to spare, either new or in good-as-new condition, I will coordinate a collection and we will distribute books to the kids. I would love to send all 85 children home with three new books.

Bec - Carlton Primary School teacher

Caulfield Primary School would like to support the children of Carlton Primary School. If you have any books that you wish to donate, we will collect them and pass them on to Bec, the staff member coordinating this effort. If we can aim to contribute at least one book per child, then Caulfield Primary School will have helped considerably.

Another important date to note is Friday, June 12<sup>th</sup>, which is a Pupil Free Day. Parents must make their own arrangements for their children on that day. There is also no OSHC.

Warm regards

Sarah

**PUPIL FREE DAY**

The recently negotiated Victorian Government Schools Agreement determined that Friday, 12 June 2009 is to be a pupil free day. Parents must make their own arrangements for their children on this day.

### **FRIDAY ASSEMBLY**

Assembly this Friday at 3.00 pm will be conducted by Grade 1RN and Rose Naughton. All parents are invited to attend.

### **VITAMIN D**



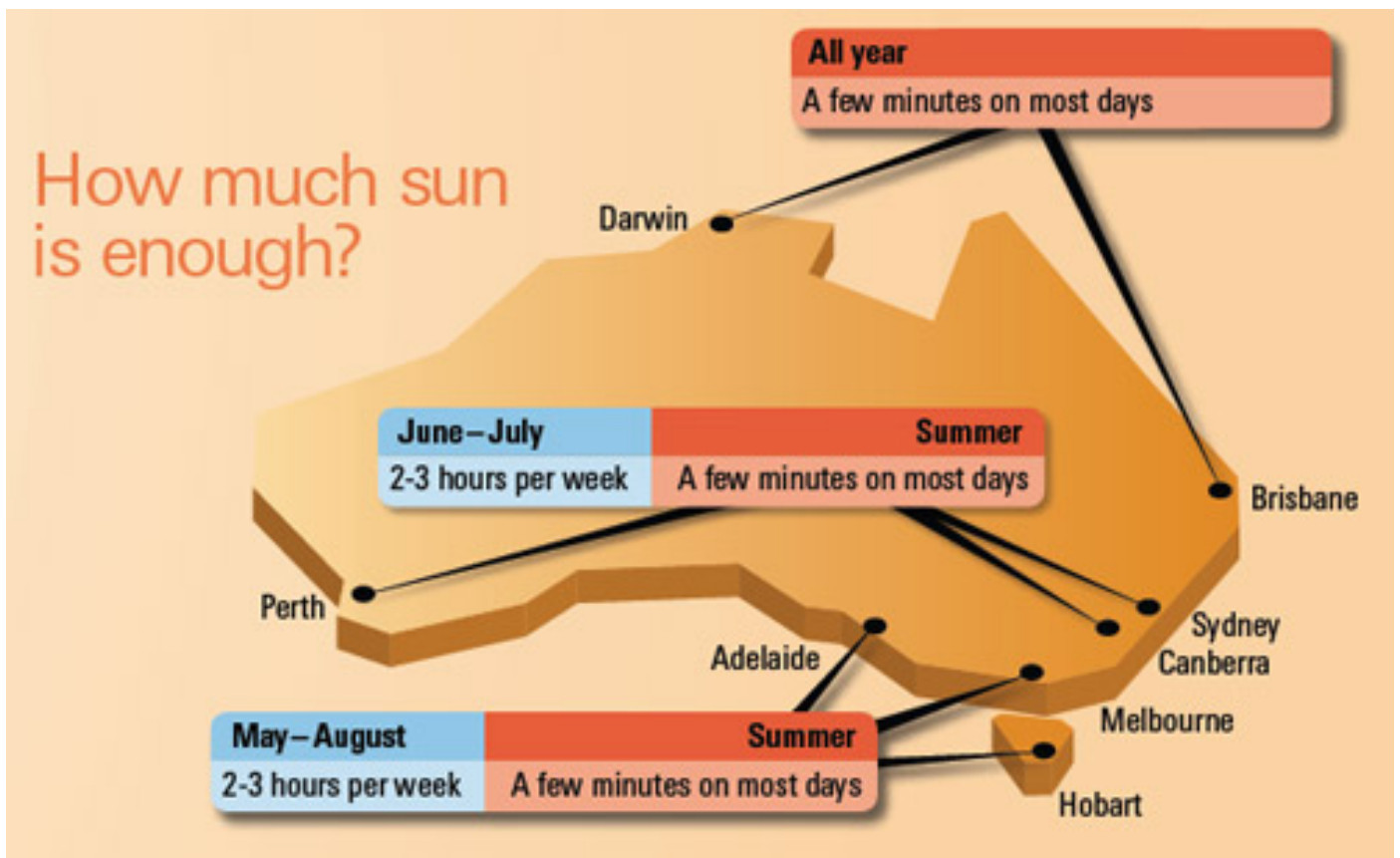
The sun's ultraviolet (UV) radiation is the major cause of skin cancer and also the best source of vitamin D. We need vitamin D for good health and to keep bones and muscles strong.

Sensible sun protection does not put people at risk of vitamin D deficiency.

**Whenever UV levels reach 3 and above, most people need to use sun protection.** In Victoria, average UV levels are 3 and above from the beginning of September through to the end of April. During these months, a few minutes of UV exposure to the face, arms and hands or equivalent area of skin, should be enough for most people to maintain adequate vitamin D levels.

**When UV levels are below 3, most people do not need sun protection unless they are in alpine regions or near highly reflective surfaces, such as snow.** In Victoria, average UV levels are below 3 from May to August. During these months, sun protection may not be needed. People are encouraged to maintain vitamin D levels with two to three hours of sunlight to the face, arms and hands, spread over a week.

The map here shows how much sun is needed in different parts of Australia at different times of the year.



[Use the SunSmart UV Alert](#) to check times when sun protection is needed.

Download [How much sun is enough?](#) [pdf 357K] for more information on how to maintain adequate levels of vitamin D.

### [What is vitamin D?](#)

Vitamin D is a hormone that controls calcium levels in the blood. We need it to make and maintain strong bones, muscles and teeth and for overall good health.

### [Who is at risk of vitamin D deficiency?](#)

Some sections of the population are more likely to be at risk of vitamin D deficiency. These people may need to speak to their doctor about taking vitamin D supplements.

### **"YOUR PLANET NEEDS YOU" ON WORLD ENVIRONMENT DAY**

Friday June 5 is *World Environment Day* and this year's theme is '*Your Planet Needs You*'. Across Australia, hundreds of schools like Caulfield Primary School are wearing blue and donating a gold coin to Landcare Australia - a non-profit organization that supports farmers and sustainability of coastal areas and wildlife.

## RUBBISH FREE LUNCH DAY - THURSDAY JUNE 4<sup>TH</sup>

Parents are asked to help their children prepare lunch using healthy foods that either avoid packaging or use reusable containers (with the student's name marked on so it doesn't get lost).

This week's healthy and environmentally friendly lunch suggestions:

- Kiwi fruit with spoon to eat like an egg (fruit shops give away a special spoon for kiwi fruit)
- Turkish bread and dip in sandwich box and dip box
- Muffin in an old dip box
- Banana chips or small biscuits in an old dip box
- Pasta and sauce kept hot in a thermos
- Sandwich in a sandwich box (approx \$3 for box in the supermarket with a frozen drink bottle to keep fillings cold)

Try to avoid using packaging such as plastic cling wrap and pre-packaged snacks.

Cathy (Ross 34P)

## THANK YOU

Thank you to Chris D (Lucas 00V) for all the jobs completed around the school from changing light globes to fixing the broken window in the boiler room. Your contribution is greatly appreciated



## CAULFIELD'S GOT TALENT!



(In the spotlight)

Grade 6s are conducting a talent quest for the  
WHOLE SCHOOL!!!



If you've got any talent at all such as singing, dancing, drama, playing instruments, performance of art, gymnastics, magic tricks and more  
Perform by yourself or with a friend

Auditions will be held: On Wednesday 3<sup>rd</sup>, Thursday 4<sup>th</sup> and Friday 5<sup>th</sup> June in the  
Library during Lunch time

The sign-up sheet will be upstairs outside the staff room and outside the Prep rooms  
We hope to see you all there to have some fun

Prizes will be awarded to winners on the last day of the contest!!!

We hope to see you all there to have some fun

Prizes will be awarded to winners on the last day of the contest!!!

## O.S.H.C

For all children and parents, After Care is offering 2 fantastic sport programs. These are open to all students in the school who choose to come to OSHC on the given evenings. On Monday we have callisthenics, which we have started and which runs for 6 sessions. On Tuesday we have KidzBodz Multisport. All sports run from 4.15 - 5.15 pm and participants will be served afternoon tea. These programs have been highly successful in the past and we encourage all children and families to 'get active,' join in and get fit whilst having lots of fun! The groups are filling but vacancies are still available.

OSHC is requesting help from members of the school community. We are a non profit service and we want to keep the facilities for our children as comfortable and pleasant as possible. Our **couches** are well used and the children would greatly appreciate a more comfortable replacement. Our rainy day **computers** have worked long and hard and retired themselves. **If anyone can help out with replacements (THEY DO NOT NEED THE VERY LATEST TECHNOLOGY)** our children can make good use of them on the odd rainy day. Thank you to Maddison H's(OOA) dad for the donation of 2 computers.

It is only through your continuing support that we can provide a happy, warm environment for Caulfield Primary School and Early Childhood Centre children. If you have any **donations**, please leave a message on 9523 7239.

Eyal

## SCHOOL PHOTOGRAPHS

School photographs will be taken on Tuesday June 9<sup>th</sup>. Envelopes have gone home with the children and we suggest that you indicate your required photographs and return the envelopes with the payment enclosed as soon as possible. These will be kept at school and handed over to the photographer on the day. As the photographs will be taken the day after a public holiday, we do not want to see anyone missing out because they forgot to bring the payment to school on the photo day. All negotiations must be directed to Schoolpix.

## SCHOOL PHOTO DAY

**SCHOOLPIX** will be visiting us on ....Tuesday June 9<sup>th</sup> 2009

### PHOTO DAY TIPS:

**Dress:** Clean and tidy as per school uniform guidelines

**Hair:** Neat and swept off face

**Orders:** Complete your order envelope and return to school prior to photography day (or as directed by school staff)

**Pre-orders:** To preorder online, take your personal ID Number found on your order envelope and go to [www.schoolpix.com.au](http://www.schoolpix.com.au)

PO Box 5222, Hallam VIC 3803

Ph: 1300 766 055

Email: [info@schoolpix.com.au](mailto:info@schoolpix.com.au)



## WHOLE SCHOOL DISCO INFORMATION

**Free Disco Night!!! Thursday 4<sup>th</sup> June 6:00pm-8:00pm**

All students participated in 5 weeks of dance lessons taught by the 'Footsteps Dance Company', 'Footsteps' offer a free disco night on Thursday 4<sup>th</sup> June



Place	Japanese room
Time	<ul style="list-style-type: none"><li>• 6:00pm-7:00pm Prep - Grade2</li><li>• 7:00pm-8:00pm Grade3-Grade6</li></ul>
What's on?	<ul style="list-style-type: none"><li>• Footstep dance</li><li>• Games &amp; Competition</li><li>• Disco</li><li>• Free dance etc.</li></ul>
Cost	Free

Parents are welcome to join in. **Parents are responsible for the supervision of their children.** Children cannot be left at school without the supervision of a designated parent. Let's dance and enjoy the night!!!

### PARENTS & FRIENDS CLUB NEWS

#### **Open Day, Cake & Craft Stall, Sausage Sizzle ... AND RAFFLE!**

To coincide with our spectacular Open Day, Cake & Craft Stall and Sausage Sizzle on Saturday May 30<sup>th</sup>, we are running a **fundraising raffle** to help raise some money for much needed library books and literacy materials for classrooms. Baked goodies can be left in the Music Room in the Heritage Building on Friday or directly to the cake stall on Saturday morning.

We hope the sale of the raffle tickets is going well! Just a reminder that the raffle will be drawn on Monday 1<sup>st</sup> June so all ticket butts, money and unsold tickets need to be returned to your child's teacher **NO LATER than Friday 29<sup>th</sup> May**. Tickets are only \$1.00 each and should you require any extras, they are available from the office.

The prize pool has grown! - check them out in the window display in front of the office We will have over 15 prize packs and the raffle winners will be able to select their prize from list available on a first-drawn basis.

Please contact Carolyn, Tash or Christy (all of OOA) to let them know how you can help on this very important day or if you have any questions about the raffle.

**Lisa, PF&C Secretary (Zoe 1RN) 0466 355 144**

[ClubPurple5489@yahoo.com.au](mailto:ClubPurple5489@yahoo.com.au) <http://cpslibrary.wikispaces.com>

[www.justice.vic.gov.au/workingwithchildren](http://www.justice.vic.gov.au/workingwithchildren) [www.parents victoria.asn.au](http://www.parents victoria.asn.au)

## DATES OF SCHOOL YEAR 2009

Term 2 -Monday April 20<sup>th</sup> - Friday June 26<sup>th</sup>

Term 3 -Monday July 13<sup>th</sup> - Friday September 18<sup>th</sup>

Term 4 -Monday October 5<sup>th</sup> - Friday December 18<sup>th</sup>

Please note: Report Writing Day is Friday June 12<sup>th</sup> 2009.

Children do not attend school on this day.

*Receive \$1000 for  
Education Expenses*



An ANZ Brotherhood of St Laurence  
initiative with Berry Street

Many Australian families are enjoying their children's return to school free of money woes having recently received \$1 for every \$1 they saved during 2008.

Berry Street is encouraging eligible families to join the 2009 Saver Plus program which will assist them to save for next years school expenses.

### **IF YOU OR YOUR PARTNER:**

- Have a child attending **primary or secondary school?**
- Have a Health Care Card or Pension Card?
- Have some regular income from work?

**YOU** may be eligible to receive **\$1 for every \$1** you save up to **\$1,000** for your family's education-related expenses.

**Saver Plus** is a matched savings program that can help you to:

- save for your child's education
- become a regular saver and reach a savings goal
- build your money management skills

Saver Plus provides an opportunity to have every dollar saved (up to \$1000) matched with an additional dollar for your own or your family's education-related expenses such as uniforms, books, camps, school fees, computer, extra curricular activities, etc.

If you are interested in being part of this exciting & rewarding program, phone **Jessica Davey** at **Berry Street on 9239 1400** for more information.



## UNIFORM SHOP

We still need another helper. We are open before school Mondays with Iris, before and after school on Thursday. Size 8 long sleeve polos are now available

## LIBRARY HELPERS



If you are available to help in the library during the day, teachers would love to have your assistance to help students borrow their library books. Training is available and you can assist with any class. Please see Victoria if you are interested and we can match you up with a class.

## BIRTHDAY WISHES

Happy Birthday this week to Tomo S who will turn 10 and Bradly L who will turn 8. We wish each boy a great day for his birthday and Many Happy Returns.



# FRESH FRUIT FOR SALE!

Last term the Grade Sixes sold watermelon on a school. This term they will be selling apples, and bananas.

They each cost 50c.

Please support them from this Friday the 29<sup>th</sup> of May!

Thank you again Cathy McN for arranging this.



Friday after  
mandarins



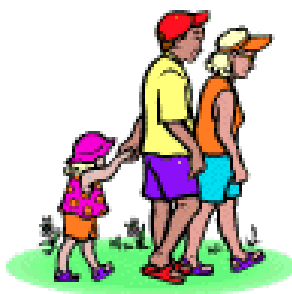
## CAULFIELD PRIMARY EARLY LEARNING CENTRE

Visitor's day -

Saturday May 30<sup>th</sup>

10.00am. - 11.30am.

This is a chance for your child to bring a special visitor or two to the Early Childhood Centre. The school is also holding an Open Day so there will be an opportunity to do a tour of the school on the day.



## **ENTERTAINMENT BOOKS**

Caulfield Primary School and Early Childhood Centre will have Entertainment Books available from today. Early Childhood Centre (Kindergarten) Parents are welcome to join us in this fundraiser. Please phone Sanja on 0415 227 463 for further details.