

Newsletter

Number 9 April 2nd 2009
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| WHAT'S ON AT SCHOOL | | |
|---------------------------------------------|-----------------------------------------------------------------------------------------------------------------|--------------------------------------------|
| APRIL | | |
| Friday 24 th | Life Education Van Parents & Friends Meet Including Self Evaluation Forum Anzac Commemoration Assembly | Whole school 9.15 library 3.00pm |
| Monday 27 th | Life Education Van | Whole School |
| Wednesday 29 th | Buildings & Grounds Meeting | 2.30 pm All welcome |
| MAY | | |
| Thurs 7 th - Fri 8 th | Mother's Day Stall | |
| Saturday 30 th | Open Day & Cake Stall | |

EMA CHEQUES

The EMA cheques have arrived. Would parents who opted to have a cheque sent to the school please come to the office to collect them.

Assembly Friday 3.00 pm- Anzac Ceremony

PRINCIPAL'S REPORT School communication

The marketing committee have for a long time been looking at new ways to enhance the profile of the school through communication.

In working through our School Self-evaluation we noticed that there was a trend for prospective parents to use our web site as their major source of information. Fortunately our web site is always up to date and reflects beautifully the culture, organisational practices and exemplary programs that we deliver.

My question is how many of you have seen our web site? Do you recommend it to other people who ask you about our school? Do you use it as a means to make sure you are up to date with current events through accessing the newsletter?

If you answered no to any of these questions, I ask you to make it your business to visit www.caulfieldps.vic.edu.au.

When you are there check the links and take time to get to know your school.

We are hoping as a future initiative, to add to our sustainability focus to reduce the number of paper newsletters that we hand out. This will involve parents accessing the newsletter through the website at least weekly and maybe more and using this as the main form of communication throughout the school. In the next few weeks after we have given you time to access the website we will send out an invitation to all parents who would prefer this way of communication.

Any ideas about improving the communication while also supporting the environment will be gratefully received - just send an email or drop a letter in at the office.

While I am talking about the newsletter please make it a habit to be informed about your child's activities at school by using the newsletter habitually. There were a couple of students last term who were unable to take part in events or be picked up on time due to the fact that parents had not kept up to date with the newsletter. You and your child deserve to be informed so they never feel left out. Your child spends so much of each day with us please take a small amount of time each week to familiarise yourself with everything that is happening in their educational environment.

Thank you to all those people who put time and effort into making sure the weekly newsletter has everything you would ever need and to those contributors who add to the sense of community it creates.

Suzanne Muir,
Principal

FRIDAY ASSEMBLY

Assembly this Friday at 3.00 pm will be a special Anzac Day Assembly. It will be conducted by 34P. All parents are invited to attend.

PARENTS & FRIENDS CLUB NEWS

We will be meeting this **Friday April 24th at 9.15** in the library to discuss and **plan the fundraising activities for the year** (including the upcoming Mother's Day stall). **We really need all available parents** to come along! Remember, *all* are welcome at the Parents' & Friends Club meetings - we really value your input!

Lisa, PF&C Secretary (Zoe 1RN) 0466 355 144

ClubPurple5489@yahoo.com.au

<http://cpslibrary.wikispaces.com>

www.justice.vic.gov.au/workingwithchildren

www.parentsvictoria.asn.au

HEAD LICE

Our little friends are back - parents, please check your child/ren's heads for these little unwanted pests and take the necessary course of action if required. It is an ongoing problem and requires regular checks of your own child and children with long hair need to wear it tied back.

FOOTBALL CARD CLUB

Due to popular demand "Card Club" is back beginning on Tuesday April 29th at 1.00 pm in the library.

All cards must be clearly labelled, in a container and stored in the Main Office. Sandra will collect the box to take to the library ready for the club at lunchtime. This is the ONLY time the cards are allowed at school.

Children will listen for the announcement each Tuesday before 1 pm.

Sandra

UNIFORM SHOP

We still need another helper. We are open before school Mondays with Iris, and before and after school on Thursday. Size 8 long sleeve polos are now available. Next week is forecast to be cold so make sure your child has adequate warm clothing. Beanies (\$12) are just the thing for cold mornings and scarves (\$6) are available to complete the ensemble.



BUILDINGS AND GROUNDS

Are you interested in helping to improve our school gardens, buildings and environmental initiatives? There will be a Buildings and Grounds Committee meeting on Wednesday 29th April at 2.30pm.

Meetings are open to anyone who is interested. Anna (Freya 1RN & Sol 34P) has been running the Committee for a couple of years and is looking for some new helpers to take on this role. Involvement can be big or small, to fit in with other commitments, with lots of support provided. Please come to the meeting or speak to Anna if you are interested. If you can't get to meetings, but would like to be kept informed by email, please leave a note for Anna at the office.

IKEBANA FOR KIDS Melbourne City Council

Sunday May 17th 2 - 2.45 pm

ArtPlay Federation Square / Birrarung Marr by the Yarra

Melways 1B R12

Ikebana - the Japanese art of Flower Arrangement, originated from the tradition of offering flowers to Buddha. Learn the basics from Ikebana International Chapter 29 in this fun, original workshop.

5 years old and above.

\$15 per child, adults free, families welcome.

Bookings 9664 7900.

ArtPlay has a program of kids activities all year round. See www.artplay.com.au

Healthy Hints for Parents - Part 8

The Secret! To giving our kids the best chance in life!

My 5 year old daughter said the other day. I'm, bored! These days it is a feared phrase for most parents who will immediately feel guilty and set up an activity, rush out and hire a movie or organize a friend to come and play.

This parental guilt has created the new phenomenon amongst parents of involving their children in dozens of



adult-supervised, extracurricular activities per week many working extra hours in order to send them to the best schools & to fund these activities for fear of them not reaching their maximum potential.

There is however a secret to allowing our children to reach their true potential. Offering the best educational and sporting opportunities is simply not enough! It is what we allow them to put into their bodies that is the true secret to our children reaching their full potential.

With both parents working and a full agenda of extracurricular activities parents today have no time to create home cooked meals filled with fresh ingredients and the grab for sugar filled highly processed convenient foods on the run has directly contributed to our worldwide obesity problem with one in 5 Australian children now obese or overweight. It is predicted that this will result in our children being first generation who will not live as long as their parents! So try the secret and your kids really will have the best chance in life!

The secret to healthy, happy kids?

Rule 1: Let kids be bored by limiting organized activities and turning off the TV and they will learn to use their imaginations to create & get physically active on their own.

Rule 2: Use the extra time to create healthy home cooked meals.

Rule 3: Throw out the junk food and stock your cupboards with basic healthy foods fruit, vegetables, whole grain breads and cereals, milk, cheese, yogurts, lean meats & of course offer lots of water.

Jackie De Koning

Founder Kidz Bodz & Mother to 10

BIRTHDAY WISHES

Happy Birthday this week to Maymunah who turned 9, Kiki who will be 9, Hafsah (8) and Emily N (11). We wish each student a great day for their birthday and Many Happy Returns.



"RAINBOWS" A new Group is starting

Friday 24th April 4.00-5.00pm at Southern Cross Ministries, 530 Dandenong Rd. North Caulfield.

Rainbows is a free weekly group for primary school children in single-parent families.

Rainbows uses games, stories, conversation and journal activities to help children understand and express their feelings relating to changes.

Snacks provided.

For more information see <http://www.rainbows.org/> and contact our Children's Dept on 9576 1477.

DATES OF SCHOOL YEAR 2009

Term 2 -Monday April 20th - Friday June 26th

Term 3 -Monday July 13th - Friday September 18th

Term 4 -Monday October 5th - Friday December 18th

Please note: Report Writing Day is Friday June 12th 2009.

Children do not attend school on this day.

EMPLOYMENT TRAINING

Southern Metropolitan Region is again conducting the Administration Training Program for those interested in gaining skills associated with the role, duties and competencies required by the Education Support Class. This training may lead graduates into employment with the Department of Education and Early Childhood Development.

There are 11 training places for successful applicants. This involves five days of CASES 21 training conducted at Greenslopes Computer Training Centre in Dandenong. At the completion of the training, applicants will be required to complete 70 hours of voluntary work experience within SMR schools. A participant charge of \$400.00 to cover program costs will apply.

Full day sessions will be held on:

Date: 29,30 June & 1, 2, 3 July 2009

Time: 8.30 am to 4.30 pm

Venue: Greenslopes Primary School

Please complete the Expression of Interest addressing the selection criteria (available from the office) and return by **COB Friday 1 May 2009**.

Please be reminded that one of the requirements to be suitable for this program is being unemployed or working no more than two days a week to be available for schools to employ you. All applicants will also be required to undertake a Working with Children Check.



DRAMA TIME – PLACES AVAILABLE TERM 2!

A limited number of places are available in the after school Drama Time program in Term 2.
(Note: If your child is currently enrolled in Drama Time, there is no need to re-enrol.)

*“The Drama Time program has been designed to foster children’s creativity, explore their imaginations, develop their communication skills and, where needed, build self-confidence...
And of course, Drama Time’s great fun!”*

Juniors: Preps – Grade 2
Wednesday 3.40pm – 4.30pm

Seniors: Grade 3- 6
Thursdays 3.40pm – 4.30pm

If you would like your child to participate in the DRAMA TIME program at Caulfield Primary in Term 2,
please either mail

the form below or email the information to ...

Email: pip@dramatime.com.au Mail: 19 William St Balaclava 3183

Class and payment details will be emailed once enrolment details have been received.

(Please do not return form to school office.)

.....

Name: _____ Grade: _____
Parent name: _____ Parent phone no: _____
Parent email*: _____ School: _____

I do/do not allow photos taken of my child during Drama Time classes, partaking in normal drama activities, to be displayed on the Drama Time website and/or marketing brochure.*

(Email enrolments please add the words either “I do” or “I do not” to your email.

Mail enrolments please circle either “do” or “do not.”)

www.dramatime.com.au Phone: 1300 65 31 65

*DRAMA TIME values your privacy.

Absolutely no email address or other information will be given to any third party.